

Männer

Platz	Start.	Name	Verein/*Ort	Brutto	Rundenzeiten (2.195km Runde / 5km Runden)
1	199	PSV Bonn Triathlon Florian Fink - Benny Thiesmeyer - Eike Carsten Pupkes - Christian Kock - Andreas Winterholler - Daniel Mannweiler		2:24:38	07:22 17:16 16:50 16:28 17:31 18:50 16:35 16:48 16:54
1	270	Marathon Finanz - KTT 01 I Sebastian Zeller - Frederik Martin - Yannic Stollenwerk - Christoph Nicksch - Guido Wientges - Lander Dircken		2:24:38	06:57 17:02 17:11 18:13 18:34 16:43 16:33 16:46 16:36
3	192	laz männer Rene Göldner - Torsten Schneider - Daniel Weiser - Sebastian Brinkmann - Daniel Weiser - Rene Göldner		2:25:30	07:13 17:43 16:32 17:37 18:06 17:45 16:29 17:03 16:57
4	110	Brühler TV - A-Kader Dirk Gebhardt - Moritz Kümmeler - Nicolas Kuss - Andre Schiefer - Christian Osten - Moritz Kümmeler		2:29:17	07:32 19:01 17:11 16:53 16:53 18:31 17:58 17:57 17:15
5	218	TV REFRATH - Master Team I Oliver Kalmes - Norbert Schneider - Thomas Gronewold - Irek Meyer - Dirk Heuschen - Ralf Teicher		2:30:20	07:32 17:12 18:04 17:07 19:13 17:41 17:51 17:52 17:43
6	215	TV REFRATH - Mixed Team I Sebastian Wagner - Sigrid Zündorf - Simon Dahl - Julia Boye - Manuel Skopnik - Silke Schäpers		2:37:33	07:23 17:33 20:53 17:19 16:56 21:01 18:14 18:08 20:00
7	221	die geilste staffel der welt Lars Haferkamp - Gunnar Keitzel - Nina Kunz - Nora Honke - Thomas Schulte - Kristina Ziemons		2:37:57	07:23 17:01 17:08 19:03 18:51 21:08 18:21 18:13 20:44
8	219	TV REFRATH - Master Team II Udo Lieth - Michael Singer - Detlef Jahner - Norbert Schneider - Michael Singer - Karl-Heinz König		2:38:27	07:40 18:18 18:17 18:18 18:10 18:36 19:10 19:25 20:27
9	209	ASV Köln Triathlon Stefan Fischer - Naundorf Lars - James Kimberly - Dirk Heinen - Mathieu Buttighoffer - Bastian Störmann		2:40:48	07:52 19:15 18:55 18:01 18:47 20:40 18:48 18:56 19:26
10	271	KTT 01 Staffel II David Jeckel - Nick Staggenborg - Sören Wallmen - Sebastian Raatz - Philipp Hein - Till Baltes		2:42:21	07:33 18:34 19:04 19:39 20:03 17:14 20:57 21:06 18:06
11	167	Laufmonster 2 Kay-Uwe Seiferth - Kai Engelhardt - Cengiz Cam - Frank Carbach - Harald Gläßer - Cengiz Carr		2:42:38	08:05 20:11 19:40 18:51 19:23 19:00 19:00 19:26 18:56
12	195	LLG St. Augustin 1 Martin Oberndörfer - Klaus Braun - Thorsten Lennartz - Olaf Kucher - Herbert Engels - Norbert Tesch		2:42:42	08:03 19:11 19:09 18:54 19:09 19:43 19:19 19:41 19:28
13	272	KTT 01 Staffel III Thomas Schertel - Dieter Meuer - Michael Ziegler - Marcel Wüst - Sebastian Gülden - Stefan Schlömer		2:46:57	07:31 19:10 21:09 19:34 19:47 21:24 17:55 18:34 21:46
14	106	Red Devilz Team 2 FC Straberg Franz Marten - Wolfgang Goldner - Norbert Zimmermann - Jürgen Cziommer - Christian Ehlert - Hubert Schillings		2:47:38	08:24 19:31 18:48 21:20 21:16 19:38 19:19 19:44 19:31
15	277	PSC Triathlon 1 Uwe Bödecker - Stefan Buro - Mehmet Kloss - Michael Junick - Gerald Cronin - Detlef Vogel		2:49:35	08:09 20:36 20:18 19:35 19:32 20:33 20:24 20:59 19:22
16	210	ASV Köln Triathlon Kerstin Würges - Beate Görtz - Anke Schmitz-Elvenich - Ulla Henning - Kristina Mandt - Ines Marquardt		2:49:42	08:23 21:05 21:24 19:19 19:33 20:38 19:42 19:58 19:33
17	290	Gröner Team Christoph Görner - Antonia Wohlfahrt - Sebastian Meurer - Björn Weier - Maik Lohse - Frank Eichmann		2:50:50	08:45 22:20 21:23 20:00 19:45 22:29 16:53 17:24 21:43
18	169	Laufmonster 4 Manuel Skopnik - Daniel Fink - Harald Petschellies - Daniel Fink - Jose Da Silva - Harald Petschellies		2:50:58	07:45 18:27 22:20 18:42 19:08 22:54 21:25 21:27 18:46
19	164	LG RWE Power 9 Mixed-Speed Jürgen Reiser - Annette Geiken - Thomas Schneider - Marianne Jerosch - Thomas Schneider - Annette Geiken		2:51:28	08:03 19:15 20:23 19:52 20:05 22:04 20:23 20:34 20:40
20	260	Brühler TV - Herren Ü40 Dieter Hofmann - Willi Mörsch - Ingolf Geske - Lothar Staschik - Helmut Wagner - Willi Mörsch		2:52:05	08:59 21:30 19:31 21:00 20:58 20:54 19:41 19:39 19:42
21	234	TRI POWER Rhein-Sieg I Fabian Lorenz - Markus Hoßbach - Julian Pientka - Benjamin Schmidt - Jan Fischer - Stefan Fetting		2:52:08	07:33 18:25 18:59 22:01 23:57 20:46 20:27 20:15 19:38
22	297	LT Flinke Fööss 3 Hamed Rafei - Jan Lütkefent - Thorsten Dürr - Dennis Hölscher - Jan Lütkefent - Thorsten Dün		2:52:36	08:22 20:41 19:33 20:05 19:35 23:32 20:24 20:59 19:19
23	252	TSV Rönsahl Harald Niederwipper - Karl-Heinz Klitscher - Georgios Keloudis - Harald Niederwipper - Kai-Uwe Bodenstein - Dieter Wermekes		2:53:06	07:59 20:13 22:48 19:39 19:37 20:29 19:17 20:04 22:54
24	235	TRI POWER Rhein-Sieg II Benjamin Schmidt - Jan Fischer - Stefan Fetting - Likas Möschter - Andreas Diehl - Markus Hoßbach		2:53:31	08:12 21:26 19:07 20:17 20:03 21:46 21:45 21:46 19:03

Männer

Platz	Start.	Name	Verein/*Ort	Brutto	Rundenzeiten (2.195km Runde / 5km Runden)
25	285	CMS für Sonnenblume e.V. Team2 Pöpper Roland - Mieß Volker - Faßbender Christian - Hark Andrea - Neuburg Stephan - Moses Wolfgang		2:54:46	08:51 20:46 19:42 19:45 20:18 22:26 20:59 21:05 20:39
26	220	TV REFRATH - Master Team III Frank Pöhler - Michael Heinrichs - Michael Jacob - Rolf Spenrath - Christian Alexander - Detlef Jahner		2:54:57	08:19 19:54 22:26 20:26 20:39 21:39 21:18 22:00 18:09
27	223	LAZ Puma Troisdorf/Siegburg Stephanie Antoniou - Heide Schneider - Claudia Rey - Marlen Günther - Kathrin Stöcker - Marlen Günther		2:55:10	08:36 22:01 23:10 19:59 19:58 20:36 00:00 00:00 00:00
28	246	Hildener AT Jürgen Zippert - André Schäfer - Mark Geilenberg - Henning V.d. Ahe - René Kautz - Torsten Flach		2:55:36	08:12 20:05 19:12 20:46 20:43 21:53 21:00 20:02 23:37
29	258	Die eiligen drei Könige Andre Graf - Dennis Sommer - Hans-Peter Landsberg - Andre Graf - Dennis Sommer - Hans-Peter Landsberg		2:57:06	08:47 21:32 21:31 20:09 19:53 20:59 20:51 21:37 21:38
30	212	TV REFRATH - Frauenpower I Sandra Rabenschlag - Karin Meuser - Silke Schäpers - Sigrid Zündorf - Antje Wietscher - Julia Boye		2:57:12	08:36 21:42 21:54 19:53 20:04 21:43 21:18 21:00 20:56
31	216	TV REFRATH - Mixed Team II Simon Dahl - Zyra Sporin - Dirk-Henning Lotz - Sabine Singer - Stefan Wietscher - Anke Greinert		2:57:36	07:34 17:35 23:09 21:49 22:01 23:04 20:33 20:06 21:39
32	232	Troisdorfer LG M.U.T. II Martin Büchter - David Schäfer - Jürgen Tietze - Jens Flören - Michael Irrgang - Katharina Axmacher		2:57:40	08:16 20:42 23:06 19:58 20:29 24:26 20:15 20:34 19:48
33	179	DEVK 3 Jürgen Wewers - Dominik Scheifers - Christian Langer - Jürgen Fuchs - Alexander Erpenbach - Volker Jander		3:00:11	08:40 20:57 22:48 20:11 20:24 22:26 20:20 21:29 22:50
34	117	SIX PACK DIRK FISCHER - Klaus Thranberend - Malte Ifang - Michael Retter - Georg Raueiser - Gereon Florenz		3:02:18	08:38 22:31 24:58 18:49 19:07 23:23 20:38 21:51 22:14
35	291	ASV Triathlon IV Ingo Hagedorn - Helmut Gregen - Arndt Hartmut - Martin Blueggel - Gürhan Aydemir - Lukas Jahnke		3:02:26	08:41 20:47 20:44 22:32 22:15 22:55 20:10 21:02 23:10
36	202	RHEIN-ERFT AKADEMIE Lutz Schmalstieg - Anke Korgel - Oliver Klug - Michael Laub - Sylvia Lenke - Annette Methner		3:03:17	08:06 20:15 25:37 19:44 19:43 20:03 23:38 24:25 21:38
37	178	Röntgenlüöper Christian Kuhstoß - Timm Köch - Josef Vogt - Michael Klenner - Stefan Pachner - Alexander Kuhlbusch		3:04:06	08:42 21:01 23:10 18:58 19:15 21:48 24:14 24:23 22:22
38	166	Laufmonster 1 Annette Methner - Stephanie Gruner - Andrea Memminger - Stephanie Gruner - Tanja Krämer - Andrea Memminger		3:04:08	08:34 22:06 22:12 22:02 22:09 22:24 21:18 21:12 22:04
39	273	KTT 01 - Westerwald Marian Hanke - Herbert Blank - Sebastian Leins - Martin Bacher - Carola Schmid - Sebastian Leins		3:05:16	07:30 19:20 24:01 17:55 17:59 17:52 25:22 26:28 28:42
40	294	Gesamtschule Marienheide 3 Sigrid Nießen - Philip Sieben - Andreas Groll - Philip Sieben - Peter Brehmke - Philip Sieben		3:05:19	10:50 26:15 18:15 20:28 22:40 26:52 18:55 19:03 21:48
41	222	bronny.de Running-Team Didi Ringel - Oliver Bronny - Dominique Van Londen - Magali Le Moigne - Markus Schmitz - Rolf Schelkmann		3:06:15	10:04 24:30 26:08 19:09 18:24 24:47 41:44 00:00 00:00
42	213	TV REFRATH - Frauenpower II Yvonne Basinski - Sabine Singer - Jeannette Duy - Beate Gebehart - Eliza Zarl - Barbara Vincentz		3:08:03	08:58 21:15 23:07 22:34 22:31 22:39 23:02 22:54 20:54
43	196	LLG St. Augustin 2 Frank Reinisch - Udo Lohrengel - Frank Kyron - Marco Trinks - Achim Neitzel - Gerd Dürr		3:09:31	08:10 20:55 21:58 23:19 23:33 24:03 21:54 22:35 22:58
44	111	Brühler TV - Damen A-Kader Ann-Julie Geske - Conny Richter - Claudia Neumann - Sarah Schieffer - Sandra Peters - Hanne Abts		3:09:48	09:18 24:35 21:46 21:16 21:40 24:25 22:09 22:38 21:53
45	120	SSK Kerpen 3 Frank Valtinke - Wilfried Steffens - Jens Hansen - Thomas Steuer - Christoph Bauer - Jürgen Gossmann		3:09:59	09:24 22:02 28:45 20:21 20:18 21:57 22:16 21:59 22:47
46	198	PSV Bonn Triathlon Inge Roersch - Julia Sautter - Imke Oelerich - Christine Schlösser - Anne Naumann - Heidi Schwartz		3:10:04	08:59 21:24 21:12 23:02 23:02 27:09 21:51 22:11 21:06
47	261	Brühler TV - Herren B-Kader Stefan Pohl - Christoph Nix - Ingo Zehner - Uli Müller - Sven Erstfeld - Harald Vogt		3:10:05	09:08 22:01 25:39 21:35 21:58 23:06 21:51 22:27 22:10
48	227	Flotten Flitzer Christoph Klar - Martin Hövel - Niko Hrankovic - Anja Lamberty - Sebastian Helfen - Bengt Brosthaus		3:10:17	09:12 21:44 23:28 20:23 20:43 24:07 22:54 23:20 24:13

Männer

Platz	Start.	Name	Verein/*Ort	Brutto	Rundenzeiten (2.195km Runde / 5km Runden)
49	211	ASV Köln Triathlon		3:10:26	08:56 20:28 21:43 22:12 22:34 22:33 22:13 24:42 24:57
		Michael Hartmann - Simon Biela - Marian Engel - Silvia Wigens - Andreas Roth - Lena Neuburg			
50	146	RheinEnergie		3:10:52	10:26 25:50 25:40 19:13 19:38 26:29 19:58 19:54 23:34
		Natascha Herkenhoener - Christina Etten - Thomas Poischen - Dorota Lindstädt - Timo Herkenhoener - Christoph Werner			
51	175	SSF Liga-Revival		3:11:20	08:50 21:45 25:43 21:31 21:34 23:42 20:47 23:08 24:12
		Micaela Orgeldinger - Carolin Bauer - Rebecca Fondermann - Kathrin Mannweiler - Verena Walter - Michaela Hauberg			
52	239	TRI POWER Rhein-Sieg V		3:11:43	08:41 21:12 20:34 25:25 25:39 20:41 21:50 22:34 25:01
		Sigmar Kemmler - Andreas Diehl - Reiner Schrage - Volker Stautz - Bernd Doelp - Julian Pientka			
53	114	Knickfööss		3:12:21	09:37 23:35 24:43 21:16 21:10 21:13 24:03 22:51 23:37
		Hubert Kunze - Wolfgang Kahlke - Peter Hallerbach - Wolfgang Mai - Bernd Hahn - Jürgen Gottschalk			
54	249	LCW 1		3:12:29	09:11 23:03 21:30 22:14 22:45 21:33 44:13 00:00 00:00
		Hubert Hülskamp - Udo Wilde - Siegfried Schönberg - Walter Hümpfner - Danilo Marzo - Kurt Scharbatke			
55	229	Triathlon Nonstop Köln		3:12:38	09:44 22:06 21:58 24:29 24:29 22:33 23:06 22:53 21:02
		Bernd Bittner - Heiko Voigt - Waldemar Marks - Christoph Hoffmann - Ralf Weber - Jörg Broix			
56	174	Frontrunner Cologne 2		3:13:20	09:25 22:21 23:36 00:00 00:00 00:00 00:00 00:00 00:00
		Christian Krause - Michael Drecker - Thomas Brandes - Christian Krause - Joerg Krafft - Michael Drecker			
57	278	PSC Triathlon 2		3:14:09	08:10 19:33 25:26 24:58 24:34 23:33 23:26 21:46 22:35
		Anja Küster - Volker Czech - Ingo Hein - Hans Keusen - Stefan Tely - Sebastian Kunze			
58	236	TRI POWER Rhein-Sieg III		3:14:32	10:50 26:41 20:16 23:43 25:06 26:56 20:02 19:58 20:51
		Bernd Doelp - Volker Stautz - Gunnar Steinseifer - Detlef Seidelmann - Joachim Braun - Sigmar Kemmler			
59	224	ESV Gremberghoven Herren		3:14:45	09:42 24:10 26:42 21:33 21:32 25:46 21:41 21:51 21:42
		Manfred Langer - Klaus Breutigam - Peter Jäger - Wolfgang Bolle - Gerd Bosbach - Peter Jäger			
60	247	SSK Kerpen 6		3:14:49	09:38 22:55 24:31 23:34 24:21 23:10 21:33 22:25 22:33
		Katrin Hagen - Bernd Varoquier - Guido Seegmüller - Katrin Hagen - Gerd Ruhnke - Thomas Steuer			
61	286	CMS für Sonnenblume e.V. Team3		3:15:12	09:55 25:15 22:01 23:54 23:23 20:25 21:25 22:12 26:25
		Rossbach Kai - Doppelfeld Mark - Heinrichs Alexander - Pelzer Frank - Hauser Michael - Wasser Daniel			
62	265	LAV Habelrath-Grefrath M40		3:15:20	09:33 23:24 20:09 22:50 22:35 26:44 21:32 21:50 26:30
		Theo Coenen - Markus Krychowski - Gerd Habicht - Thomas Geberzahn - Stefan Blasche - Andreas Räuschel			
63	268	Run Düsseldorf		3:16:39	08:47 23:55 19:53 24:06 24:39 23:41 22:50 24:01 24:38
		Sven Niclas Rick - Ralf Schmerer - Ralf Schmerer - Martin Maasackers - Martin Maasackers - Marcel Schriever			
64	253	LT Hennef/Sieg Männer		3:16:44	10:02 24:26 20:59 20:45 20:29 25:10 26:24 26:29 21:43
		Frank Stiltz - Michael Armbrust - Stephan Müll - Rolf Schaumburg - Erwin Rüttgers - Michael Armbrust			
65	296	Becker Team		3:18:04	10:25 23:40 21:56 23:49 25:02 23:15 20:48 22:10 26:38
		Dominik Becker - Simon Stammen - Michael Becker - Simon Stammen - Marco Becker - Michael Becker			
66	284	CMS für Sonnenblume e.V. Team1		3:18:39	07:55 19:30 28:57 22:36 23:20 21:16 22:52 23:02 29:05
		Clemens Sandscheper - Jana Morik - Gürhan Aydemir - Temmen Niels - Band Harald - Romina Hergenröther			
67	148	Päärchenstaffel aus Essen		3:18:54	11:02 25:41 26:04 18:32 19:00 24:38 26:35 26:44 20:19
		Jens Vollmer - Bettina Vollmer - Daniel Schneider - Maria Köhler - Sabine Seidel - Gerald Seidel			
68	151	LG RWE Power 5 Hambach		3:19:09	09:58 24:31 26:18 21:50 22:46 25:39 21:56 22:32 23:27
		Birgit Weber-Steinhauer - Monika Mostert-Ostermann - Stephan Strunk - Ines Dantz - Achim Steinhauer - Alfons Costantini			
69	255	LAKTATKÖNIGE		3:19:20	09:25 21:37 25:54 24:57 25:40 26:33 21:44 22:13 21:03
		Michael Lönhardt - Ulrike Wolf - Günther Langensiepen - Bernhard Holz - Paul Esters - Egbert Kunert			
70	157	LG RWE Power 3 Köln		3:20:02	11:09 25:40 23:20 22:23 22:44 24:36 22:49 24:01 22:59
		Bernd Linnartz - Dieter Kuhlemann - Ingeborg Werth - Friedrich Kreis - Burghard Werth - Hubert Marx			
71	274	KTT 01 - Frauen		3:20:03	10:12 23:33 23:17 26:16 26:13 21:44 22:39 22:37 23:15
		Karoline Koepfel - Ruth Jeckel - Annika Gunkel - Pamela Wicker - Katharina Garaus - Lisa Pfaffenberger			
72	184	VFL Engelskirchen		3:20:29	08:57 21:21 26:25 20:58 21:41 23:48 24:55 26:05 26:09
		Frank Zimmermann - Angelika Hensel - Carsten Möllmann - Eva Prange - Ralf Eschbach - Stefani Richter			

Männer

Platz	Start.	Name	Verein/*Ort	Brutto	Rundenzeiten (2.195km Runde / 5km Runden)
73	165	Fronrunner Cologne 1 Georg Van de Braak - Johannes Köper - Johannes Van Rossum - Johannes Köper - Christian Klöckner - Torsten Lomberg		3:20:58	09:24 22:25 23:35 22:11 22:49 24:32 23:11 23:39 28:56
74	206	LT Flinke Fööss 2 Vidar Andersen - Sorreen Schroll - Maik Leichner - Sorreen Schroll - Carolin Willmer - Philipp Kaszynski		3:21:02	12:39 31:22 19:57 23:24 22:42 20:26 22:51 23:47 23:33
75	245	Ford Climate 1 Valerie Benkendorf - Ger Cronin - Rene Berns - Tina Meyer-Oswald - Bart Schmitz - Sabina Doerfler		3:21:21	09:10 23:43 20:05 23:58 23:54 33:01 21:37 21:59 23:44
76	214	TV REFRATH - Frauenpower III Katrin Hegewald - Toyah Becker - Jola Basinski - Claudia Feige - Finja Rößler - Vanessa Bernhardt		3:22:07	09:46 24:12 24:14 23:07 23:24 25:21 23:02 23:29 25:25
77	102	www.Cardiofitness.de Amir Kuburic - Anderson Alvarez - Sebastian Weck - Mehmet Alkan - Erik Theisen - Peter Frank		3:22:13	09:21 26:11 22:35 23:13 25:52 23:54 20:04 20:29 30:25
78	217	De Schwimmbützje Carsten Kleinen - Thomas Schiffer - Marc Wester - Carsten Kleinen - Guido Schwarzfeld - Hans Werner Wüst		3:22:31	08:31 21:56 22:29 25:16 25:06 21:50 27:05 26:06 24:06
79	242	TriTeens TUS Schleiden Marius Kohlhaas - Niklas Scheld - Robin Junick - Janina Junick - Isabelle Sloof - Isabel Lagier		3:22:43	08:58 21:24 25:42 24:28 24:18 24:38 23:25 23:21 26:19
80	280	ROADRUNNERS Jan Tebbe - Joerg Birkenfeld - Alexander Korseska - Michael Strerath - Konrad Odendahl - Oliver Kensch		3:23:12	09:01 22:07 25:39 21:51 22:04 25:47 24:10 26:10 26:13
81	168	Laufmonster 3 Verena Hajek - Christian Seifert - Kai Engelhardt - Verena Hajek - Frank Kaiser - Tanja Krämer		3:23:21	10:53 27:21 23:33 20:40 21:00 27:05 49:45 00:00 00:00
82	183	Paparun Martin Forster - Jochen Hornung - Abram Reitz - Manfred Schmitt - Mario Annegarn - Thomas Heckhausen		3:23:34	09:41 24:25 25:35 21:49 22:47 25:22 22:47 24:04 26:58
83	138	Oerlikon HV Ioannis Anastasiadis - Ishan Roth - Martin Mühlhoff - Georg Müller - Heinz Odendahl - Alois Greven		3:23:37	09:14 23:25 22:47 23:37 23:48 25:54 26:30 26:05 22:10
84	147	GSV Porz miXexpress Birgit Mataré - Bernadetta Zmarsky - Ulf Issel - Gabi Zange - Ralf Oberheim - Stefan Berger		3:24:30	10:13 24:38 26:26 22:51 23:44 24:08 23:37 25:20 23:12
85	230	Image Engineering Pascal Steinmetzer - Thorsten Kärtsch - Uwe Artmann - Matthias Fokken - Holger Buhr - Dietmar Wüller		3:24:47	10:33 23:28 26:06 24:48 25:03 23:45 22:08 24:04 24:35
86	136	Tri Tops Lutz KönigS - Frank Priess - Paul Schneider - Volker Königs - David Priess - Paul Foitzik		3:24:54	10:20 25:55 24:04 22:29 22:46 25:40 25:10 24:55 23:17
87	187	Fronrunner Cologne3 Norman Klein - Thomas Schmidt - Markus Kaatz - Norman Klein - Michael Schmidt - Thomas Brandes		3:25:02	09:25 22:47 25:44 24:03 25:37 23:45 23:30 24:47 25:08
88	233	Troisdorfer LG M.U.T. III Markus Schäfer - Volker Grohmann - Andreas Laarmann - Peter Schäfer - Jürgen Axmacher - Dieter Nießen		3:25:19	09:39 27:05 22:04 23:59 25:14 23:54 23:46 24:43 24:43
89	207	3 Hühner 1 Hahn Sandra Wonsack - Linda Beikirch - Alexander Görlach - Sandra Wonsack - Daniela Dahl - Alexander Görlach		3:25:53	10:06 26:10 29:48 20:20 20:49 26:30 25:19 26:01 20:41
90	287	CMS für Sonnenblume e.V. Team4 Schneider Ferdinand - Thomas Meyer-Kigle - Volker Schmidtmann - Eisermann Stephan - Andreas Birtel - Claudia Kranz		3:25:53	09:58 25:12 23:10 23:58 24:12 21:46 25:49 26:58 24:38
91	142	Lauf-du-Sau Hubert Fester - Gerhard Geffe - Wilfried Müller - Simone Müller - Ralf Bongen - Georg Van den Braak		3:25:56	09:21 22:39 24:44 26:38 26:34 30:12 21:14 20:41 23:32
92	141	Sportsocke Saffig Jörg Herter - Christiane Richter - Thomas Kalbhenn - Thomas Segura - Gerhard Ihmig - Henrik Wacker		3:27:21	10:31 23:32 25:07 22:13 23:44 28:43 24:12 24:34 24:31
93	248	Die Grauen Burggeister Sandra Hemgesberg - Ulrich Siegmann - Frank Hemgesberg - Ralph Schneider - Frank Sommer - Ralph Schneider		3:27:34	12:00 28:12 19:54 27:04 27:09 28:34 21:32 22:56 19:52
94	263	EMG Hürth Cecile Casenobe - Sandra Hembach - Gregor Evers - Thomas Knechten - Robert Franke - Heiner Philippek		3:27:46	10:13 23:50 26:16 25:49 25:28 26:15 22:50 22:47 24:03
95	170	Ziel 3:30 Sabina Klingner - Wilhelmine Wurz - Peter Heyl - Astrid Lang - Eckart Sievers - Bernd Dienhart		3:28:05	10:50 26:55 27:40 22:14 22:02 21:43 24:01 23:50 28:38
96	154	LG RWE Power 12 Inden Horst Dickmeis - Friedel Rixen - Paul-Dieter Jongen - Willi Cremer - Manfred Johnen - Jürgen Heidmann		3:28:14	09:25 21:12 24:40 24:17 23:52 24:30 25:17 25:50 28:58

Männer

Platz	Start.	Name	Verein/*Ort	Brutto	Rundenzeiten (2.195km Runde / 5km Runden)
97	149	Naturtalente Simone Adam - Hans Werner Wüst - Thomas Schiffer - Julia Ebelin - Michael Havers - Michaela Reifferscheidt		3:28:30	08:55 21:42 22:15 25:18 26:06 25:26 23:06 23:23 32:09
98	118	SSK Kerpen 1 Dieter Lotz - Jan Krückeberg - Willi Krüger - Volker Gimmler - Mathias Bartneck - Volker Palten		3:29:18	10:10 24:01 25:50 25:14 26:10 24:43 22:28 21:51 28:36
99	143	NSG RR Team 2011 Manuela Mathis - Peter Mathis - Ulrich Titz - Edwin Schick - Fabian Hinke - Michael Reusch		3:29:22	10:18 23:19 27:23 24:23 24:56 25:43 24:04 24:18 24:43
100	275	Sportuhren-Profi.de Dieter De Haan - Regina Knufinke - Ludwig Filz - Marie-Jan Gelnke - Carsten Fuhser - Mareike Roszinski		3:29:45	09:05 23:30 25:17 23:45 24:33 25:50 24:06 26:18 27:09
101	288	Reha Nova Susanne Alexi - Jeraine Berg - Jakob Triesel - Susanne Alexi - Flo Bechtel - Karl Strack		3:29:48	09:43 24:38 33:42 22:37 22:08 22:49 25:39 27:03 21:16
102	177	Röntgenlöpfer Tanja Möller - Janette Üffing - Andrea Wildschütz - Sabine Goldberg - Martin Sobetzko - Thomas Krempel		3:30:08	11:09 27:37 29:57 29:13 30:06 24:15 19:10 19:29 18:57
103	293	Feierläufer Adi Dommermuth - Heike Zanger - Adi Dommermuth - Heike Zanger - Jürgen Zanger - Heike Zangei		3:30:28	10:38 25:28 23:30 26:37 26:23 23:47 24:12 24:57 24:38
104	208	BSG Mixed Petra Engel - Ulla Marx - Arno Stockbrink - Heike Ahrens - Sara Könsgen - Axel Speelmans		3:30:59	10:18 24:45 26:39 24:10 24:13 48:23 23:39 28:39 00:00
105	205	LT Flinke Fööss Daniela Brock - Iris Hanf - Mischa Hoch - Thilo Stäbler - Uwe Nießing - Stefanie Paschke		3:31:19	10:56 26:15 27:14 23:36 23:34 21:30 24:31 25:09 28:28
106	103	Lokomotive Vernich Julia Fischenich - Sabine Krause - Norbert Thiemermann - Julia Fischenich - Frank Bienert - Norbert Thiemermann		3:31:57	10:24 26:19 28:14 23:35 24:00 26:08 24:16 24:51 23:52
107	197	LLG St. Augustin 3 Birgit Neitzel - Anne Gerlach - Angelika Engels - Antje Kucher - Birgit Lennartz - Gisela Buslei		3:31:59	11:15 27:53 27:51 24:03 23:59 24:00 23:10 23:29 26:10
108	122	SSK Kerpen 5 Christian Lummerich - Marion Bauer - Theo Kings - Stefan Schneider - Thorstem Meyer - Ingo Beckerl		3:32:13	10:21 27:25 24:16 21:46 21:40 23:08 26:31 26:39 30:13
109	203	Die Humfakker Lorenz Turski - Lena Speckmann - Nicole Erdmann - Miriam Schweitzer - Matthias Kröling - Frieder Barta		3:32:15	10:07 27:35 26:10 26:23 29:03 26:17 22:08 22:54 21:30
110	115	Pulheimer Nachtläufer Ralf Kling - Birgit Schittkowski - Volker Neuwaldt - Torsten Schomers - Michael Grömling - Bodo Heinrichs		3:32:22	10:09 24:03 33:02 24:24 23:52 25:44 23:27 22:58 24:27
111	243	SCOR Rückversicherung Köln Tim Weidler - Ferdinand Stegmüller - Tim Weidler - Frank Drewniok - Mohamed El Sabri - Sören Jucikas		3:32:24	08:57 21:14 29:29 23:13 26:17 24:48 27:34 27:48 22:57
112	267	LG Badewanne Klaas-Steffen Jacobs - Rahel Jacobs - Klaus Monzel - Beate Welsch - Wolfgang Wirths - Monika Knipp		3:32:26	10:41 25:02 27:24 25:05 25:07 28:12 21:12 21:42 27:42
113	251	LCW 3 Rainer Krüger - Gabi Krüger - Julien Levy - Daniela Krüger - Andreas Black - Gabi Krüger		3:32:42	09:44 23:46 30:01 25:50 25:41 26:14 23:21 24:46 23:08
114	282	LG HWH Köln Simon Wollenberg - Norbert Reuber - Heinz-Peter Verspay - Petra Rüprrich - Alexander Eckhardt - Fabian Frecher		3:32:45	10:07 23:54 29:18 26:25 27:23 27:51 21:19 21:22 24:50
115	259	Sc Rotenstein Wiebelsaat Achim Zimmermann - Ulrich Stahlschmidt - Thomas Köhl - Sandra Zimmermann - Winfried Jung - Frank Schwarz		3:33:22	10:58 26:05 26:10 26:17 26:53 24:30 22:12 24:15 25:49
116	124	DEVK 1 Philipp Fröhlich - Kathleen Goslicki - Katerina Keunecke - Stephanie Lesch-Kuznik - Thorsten Hilberath - Philip Wiesbaum		3:33:27	08:47 20:41 31:02 24:41 24:07 33:34 22:00 22:02 26:23
117	250	LCW 2 Dagmar Wilde - Birgit Black - Annette Bohnes - Cordula Hümpfner - Inge Keller - Veronika Scharbatke		3:34:06	09:15 22:59 25:34 24:48 25:41 26:26 27:15 28:16 23:41
118	200	Ski-Club Blau-Rot Georg Beringhoff - Rabeler Annette - Takao Mühmel - Berit Hempfing - Michael Heuer - Luise Weber		3:34:45	11:32 28:38 29:27 20:17 19:59 27:33 24:06 24:16 28:46
119	181	FF Fühligen Sven Dziewulski - Christian Carmann - Marcel Probst - Uwe Ratajek - Matthias Weber - Achim Toebe		3:34:53	10:32 26:23 29:35 21:51 22:03 22:55 27:57 29:23 23:50
120	188	Postilione 1 Hüseyn Atamtuerk - Rosamunde Garito - Adrian Garito - Irene "Anita Pereira Teixeira - Jürgen Cremer - Nicole Krogge		3:34:59	10:01 23:52 27:11 26:01 27:59 28:31 22:55 23:04 25:14

Männer

Platz	Start.	Name	Verein/*Ort	Brutto	Rundenzeiten (2.195km Runde / 5km Runden)
121	107	Red Devilz Team 3 FC Straberg		3:36:06	10:25 26:23 22:42 24:02 23:30 28:00 28:50 28:04 24:00
		Ariane Zimmermann - Oliver Jandt - Axel Güttler - Simone Langohr - Thomas Banuscher - Jörg Dunkel			
122	204	Team Griesemann		3:36:33	08:53 22:26 28:35 24:29 25:26 27:01 26:52 27:24 25:14
		Bernhard Gerhards - Jörg Hannig - Detlef Jakob - Thomas Mohr - Wilfried Steffens - Thomas Mayer			
123	244	Ford Climate 2		3:36:34	11:13 30:26 31:27 23:46 23:46 24:36 23:24 22:34 25:11
		Mustafa Ertunc - Achim Maus - Sabina Doerfler - Sandra Trachta - Stephan Kyrion - Alice Badescu			
124	160	MüserstraßenHasenfüße		3:36:43	10:20 24:45 30:33 25:02 26:22 26:56 25:48 26:03 20:42
		Uwe Beckmann - Sonja Germund - Hermann-Josef Hamacher - Ralf Reif - Elke Reif - Karsten Germund			
125	119	SSK Kerpen 2		3:36:48	10:23 25:16 24:33 22:19 23:00 27:11 28:25 28:10 27:17
		Tina Bartneck - Carola Schneider - Jürgen Gossmann - Nicole Lummerich - Frank Balanze - Burkhard Steffens			
126	289	BSG Postbank Köln		3:37:29	09:40 23:53 25:59 24:45 26:00 26:00 24:42 23:51 32:28
		Manfred Kühnel - Michael Mäs - Frank Dahlhausen - Jens Rabbe - Michael Schauff - Michael Geller			
127	145	St Georges School Cologne		3:37:46	10:35 27:07 28:11 24:05 24:41 25:08 25:32 25:56 26:18
		Elizabeth Reece - Meghan Mardus - Paul Mardus - Peter King - David Nolan - Caroline Hemmend			
128	240	TRI POWER Rhein-Sieg Ü300		3:38:03	10:16 25:53 21:44 27:42 30:03 24:56 25:15 26:34 25:26
		Stefan Winkler - Thomas Borowski - Dieter Helbing - Bernd Fischer - Horst Lazer - Reiner Schrage			
129	292	Pulheimer Wiesel		3:38:04	11:13 28:35 31:35 24:22 24:45 22:45 23:34 26:35 24:19
		Tom Decker - Fabio Lolacono - Jens Hauber - Rene Jurk - Markus Schulte - Jan Decker			
130	113	LOXX Laufgruppe		3:38:14	11:04 27:43 30:55 24:45 25:24 24:30 23:49 25:02 24:52
		Sandra Schmidt - Jennifer Magin - Alexander Brockt - David Herting - Jochem Schmidt - Maximilian Brockt			
131	130	Gruppenzwang		3:39:20	09:49 24:45 29:03 25:34 24:31 32:47 21:23 23:11 28:13
		Susanne Klein-Giesler - Miriam Hässner - Alexander Hässner - Britta Schmitz - Christian Klein - Antje Giesler			
132	231	Troisdorfer LG M.U.T. I		3:40:02	09:37 23:38 28:50 27:55 28:39 26:31 25:20 25:38 23:45
		Elke Dörnfeld - Elke Duda - Sabine Schäfer - Ilona Schmidt - Conny Bullig - Gaby Grohmann			
133	186	Olympia-Schule		3:40:48	12:07 28:51 32:58 26:20 26:15 25:04 24:17 24:10 20:26
		Mascha Bilstein - Katharina Hinck - Bernhard Mayr - Sinje Flockenhaus - Volker Schütz - Simone Noben			
134	121	SSK Kerpen 4		3:40:54	13:17 30:36 26:09 25:46 25:31 24:42 20:52 21:05 32:35
		Christoph Dulak - Tina Schneider - Daniela Dulak - Andreas Haller - Dirk Hilden - Otto Mathar			
135	133	6Run4Fun		3:40:55	11:31 27:03 29:52 26:11 27:38 26:14 22:14 22:22 27:39
		Elena Gimbarova - Frank Elsner - Sandra Weeger - Anje Wiemuth - Sergej Gimbarov - Tanith Elsner			
136	159	LG RWE Power 2 Köln		3:40:59	11:24 27:31 25:54 23:53 24:46 25:35 26:53 26:06 28:42
		Heinz-Peter Müller - Marc Frings - Friedhelm Gudat - Fritz Von der Hocht - Wiebke Klauder - Hans-Josef Roggendorf			
137	112	SC Kölsch Fründe		3:41:16	11:10 26:52 25:11 23:07 23:25 27:08 26:57 27:33 29:44
		Wilfried Meyer - Gerhard Geilring - Helmut Kön - Reinhold Fank - Thomas Brod - Harald Darmstadt			
138	139	Die Sauberen		3:41:18	10:52 25:44 30:00 24:45 24:28 24:09 27:30 28:24 25:05
		Emanuel Pontes Gomes - Sarah Ridder - Christian Moog - Andreas Hötzel - Dieter Willems - Marco Müller			
139	189	Olympia II		3:41:30	12:07 26:18 29:30 26:15 25:55 32:15 24:07 24:15 20:28
		Jochen Bauer - Kirsten Bauer - Simon Hoffmann - Sandra Kanonenberg - Caroline Cohsmann - Corinna Roth			
140	134	Stein Mendig		3:41:35	10:18 24:17 26:01 25:25 24:13 29:00 23:35 24:04 34:30
		Dirk Moitzfeld - Maximilian Lauterbach - Christian Zeininger - Stefan Reutelsterz - Bernd May - Frank Brauch			
141	109	Running Gag		3:41:36	10:34 26:03 28:40 22:48 22:54 35:04 22:25 22:15 30:40
		Ulrich Sowade - Anne Abts - Patrik Flores - Sandra Flores - Thomas Manz - Claudia Frank			
142	295	Anne Frank GS Düren 1		3:42:10	12:07 33:05 34:49 18:23 18:40 29:32 23:02 23:48 28:26
		Hans-Willi Stollenwerk - Sarah Stollenwerk - Sven Hansen - Reinhard Schriever - Ralf Meyer - Rut Meyer			
143	262	Türkisweg 1		3:42:20	10:06 23:36 28:25 26:52 26:47 33:18 23:28 23:07 26:23
		Marco Noel - Wiebke Herpel - Roland Schmitz - Dörthe Hapig - Jens Krepela - Daniela Paul			
144	225	ESV Gremberghoven Damen		3:42:21	10:43 26:09 26:32 24:26 24:03 29:59 25:38 26:00 28:36
		Gisela Flätgen - Heike Roth - Heidi Hess - Birgitt Paschke - Patricia Mandziara - Astrid Melitzki			

Männer

Platz	Start.	Name	Verein/*Ort	Brutto	Rundenzeiten (2.195km Runde / 5km Runden)
145	180	DEVK 4 Georg Nogaj - Ingo Busse - Achim Hornig - Heike Hornig - Lydia Tarara - Barbara Engelkamp		3:42:50	11:33 27:37 27:59 22:29 23:07 27:14 27:01 25:32 30:02
146	129	Haldenflitzer Allrath Andreas Gerwing - Elke Gerwing - Christian Migas - Melanie Migas - Martin Sturm - Hannah Sturm		3:43:11	11:15 25:26 25:41 27:15 26:18 21:58 24:28 23:23 37:21
147	266	LeoGoesRunning Team Oliver Meier - Silvia Meier - Michael Heidchen - Angelika Schalenbach - Eckhardt Eversberg - Andrea Schalenbach		3:43:33	09:30 23:44 32:32 26:10 26:24 28:53 23:18 24:16 28:36
148	101	The Mamas And The Papas Susi Esser - Ruben Esser - Ralf Meuskens - Nina Sackzewski - Gerd Jäger - Rosalie Esser		3:43:34	10:08 24:28 27:30 26:05 25:49 26:36 28:17 29:42 24:46
149	193	ERGO sports Köln Stephan Kaiser - Ulrich Kufferath - Thomas Boelter - Ines Goldberg - Thomas Streich - Sonja Könemann		3:43:39	08:43 22:16 28:51 30:17 30:54 23:49 25:51 25:17 27:37
150	132	Fussvolk Kai Gramlich - Katrin Feige - Andreas Pitz - Dana Korth - Falk Feige - Michaela Feige		3:45:04	10:28 28:16 29:26 23:41 22:55 31:14 24:28 25:13 29:12
151	228	Martins & Mädels Alexandra Kremp - Steffi Heß - Simone - das Nüßchen - Joseph - Katharina Wohlers - Martin Balsliemke - Martin Lauer		3:45:48	10:35 25:54 30:33 29:37 22:00 27:11 28:59 28:36 22:11
152	152	LG RWE Power 10 Niederaußem Herbert Büsgen - Birgid Büsgen - Hermann-Josef Lambertz - Stefan Bayer - Klaas Uphoff - Heike Uphoff		3:46:20	09:45 24:43 34:55 23:08 23:48 25:27 25:48 26:33 32:05
153	238	TRI POWER Rhein-Sieg IV Detlef Seidelmann - Bernd Doelp - Franz Kremer - Stefan Winkler - Dirk Wevelsiep - Farina Winkler		3:46:27	09:14 22:56 23:01 25:46 26:16 32:55 32:07 28:18 25:50
154	182	Röntgenlöpfer Rosa Gorselink - Rolf New - Gerd Norbistrath - Claudia Leers - Stefan Mosblech - Ute Hübner		3:46:40	10:32 25:32 32:42 24:33 24:34 29:16 00:00 00:00 00:00
155	194	SSV Strümp Fondistas Wolfgang Eirnbter - Barbara Theisen - Anja Derendorf - Doris Furch - Sylke Warschnauer - Wolfgang Eirnbter		3:47:45	10:51 27:01 26:02 26:27 27:21 27:32 27:38 28:01 26:37
156	256	Stadtbetrieb Freche I Anja Jansen - Eva Schulze - Ralf Harf - Johannes Gatzten - Matthias Rongen - Wolfgang Witzke		3:48:14	11:57 28:13 24:55 24:57 24:53 28:10 27:25 29:55 27:27
156	257	Stadtbetrieb Frechen II Johannes Gatzten - Anja Jansen - Sabi Aktas - Giusewpe Cerbino - Eva Schulze - Matthias Rongen		3:48:14	11:57 28:13 24:18 24:49 27:06 24:47 28:07 27:39 30:56
158	185	Laufantilopen Gabi Frömberg - Petra Schemberger - Rainer Grüne - Max Bade - Anke Daniels - Bettina Kapune		3:48:43	12:57 30:20 34:09 26:11 27:26 28:33 22:11 23:45 22:52
159	201	LLG St. Augustin 4 Jürgen Ziegert - Sigurt Zacher - Birgit Lennartz - Corinna Pehlke - Manfred Licharz - Petra Helmbold		3:48:44	10:15 25:23 28:15 26:00 25:17 31:23 26:20 26:43 28:58
160	171	MCK Guido Ebeler - Annette Ebeler - Marco Heinrich - Martina Grotjahn - Angelika Möller - Josef Dichtl		3:49:08	09:22 23:14 27:55 27:13 27:15 31:58 26:26 27:14 28:18
161	156	Running for our Trainer Joana Kraege - Sebastian Hartwig - Peter Schatzl - Katharina Schatzl - Theresa Schatzl - Peter Schatzl		3:49:24	12:13 29:12 24:09 27:58 27:25 24:45 24:34 25:25 33:32
162	123	Lindweiler Hof Cordula Klaas - Elena Höhner - Peter Lange - Silke Weise - Philipp Ockenfels-Rudies - Sigrid Derya		3:49:37	12:25 27:01 28:20 25:28 25:13 27:42 25:16 28:52 29:00
163	279	Türkisweg 2 Holger Smets - Richard Jerosch - Gerd Schoepe - Christian Paul - Gottfried Ecker - Christof Kowollik		3:50:30	12:33 31:45 24:55 24:56 24:49 31:15 27:23 27:51 24:48
164	108	PSC - SPORTABZEICHEN-TEAM ELKE KÜPPER - BARBARA ENGELHARDT - ACHIM KOPPMANN - JUTTA ENGELHARDT - WILFRIED LENZEN - BARBARA ENGELHARDT		3:51:58	11:50 30:59 28:49 22:45 23:35 27:41 28:02 28:58 29:08
165	153	LG RWE Power 11 Inden Fred Lüttge - Agnes Emonds - Andreas Witt - Joachim Bortz - Reinhard Süßenbach - Gerd Emonds		3:52:04	11:31 28:02 31:10 27:23 27:50 28:18 26:01 26:42 24:55
166	158	Almost A Jan-Michael Becker - Steffi Frommhold - Kristina Klein - Bastian Meyer - Alexander Rühle - Kristina Klein		3:52:13	12:09 27:47 29:54 27:18 28:45 26:33 25:07 25:52 28:30
167	162	LG RWE Power 7 Garzweiler Michaela Lübben - Marc André Röhrig - Armin Sauer - Roswitha Heilmann - Stefan Voigt - Christiane Siebert		3:52:32	12:15 30:26 24:25 29:35 31:03 26:39 24:29 24:53 28:40
168	105	Red Devilz Team 1 FC Straberg Sabine Güttler - Ulrike Ehlert - Francesca Medici - Kerstin Berger - Monika Michel - Katrin Homes		3:53:15	13:30 32:53 30:20 24:00 23:59 33:20 23:12 24:28 27:14

Männer

Platz	Start.	Name	Verein/*Ort	Brutto	Rundenzeiten (2.195km Runde / 5km Runden)
169	161	LG RWE Power 6 Garzweiler		3:54:09	12:11 29:45 25:18 29:27 31:21 26:22 24:28 25:03 30:06
		Heidi Nickels-Höfer - Wolfgang Röhrig - Olaf Schmitz - Erich Heilmann - Wolfgang Velden - Franz Poschen			
170	163	LG RWE Power 8 Garzweiler		3:54:11	09:47 25:06 27:26 26:39 28:01 27:44 31:50 32:18 25:02
		Klaus Bollig - Fridel Lomanns - Bernd Linnartz - Monika Mosters-Ostermann - Ellen Weihmann - Jürgen Reiser			
171	264	DLRG Pulheim		3:55:31	11:32 28:04 30:55 27:32 30:17 28:51 24:42 25:49 27:32
		Michael Eisele - Hans-Georg Mlody - Raik Eckstein - Rolf Daken - Günter Lang - Roland Henneborn			
172	191	Fit4Bonn		3:55:54	11:40 28:27 25:30 31:35 31:19 25:44 56:41 00:00 00:00
		Isabelle Keller - Ilona Wald - Klaus Ahlborn - Charlotte Spohr - Marion Eggers - Laurenz Mülheims			
173	128	Da Nicos Freunde Brauweiler		3:56:37	12:27 30:37 27:22 18:50 19:06 35:40 30:29 31:11 30:45
		Winni Pfau - Kiki Djurbert - Johannes Orthen - Monika Krull - Heinz Franz - Christiane Florack			
174	176	Gelpegazellen		3:56:54	10:41 26:17 34:53 26:41 27:32 33:03 24:39 24:55 28:04
		Renate Fahlenbock - Susann Dreiholz - Gerd Stratmann - Brigitte Stratmann - Klaus Mies - Bernhard Glombitza			
175	237	LV Stommeln		3:57:06	10:50 27:03 28:06 27:16 28:22 28:18 28:51 29:09 28:59
		Dirk Hagendorf - Andrea Hagendorf - Michael Pallgen - Claudia Pallgen-Hupperich - Andrea Hagendorf - Claudia Pallgen-Hupperich			
176	281	Runners Point Leverkusen		3:58:18	10:27 27:52 29:13 28:52 30:18 26:34 27:45 29:46 27:22
		Ursula Piwower - Katrin Auras - Beate Astner - Tanja Olbertz - Birgit Schmerer - Tanja Olbertz			
177	190	Zons-Runners		4:00:12	10:54 26:52 22:19 28:55 28:12 29:49 32:11 31:54 28:53
		Reiner Goldbach - Klaus-Peter Hofstadt - Brigitte Görner - Marliese Schwerdtfeger - Stefan Peschke - Karin Garbe			
178	173	WDR Köln		4:00:21	11:28 27:12 29:01 25:52 26:25 33:33 28:46 30:38 27:09
		Raphael Hänsel - Philipp Berger - Oliver Herbst - Lela Biber - Harald Rose - Juergen Woehr			
179	104	die wilden kerle 1.0		4:02:56	11:13 29:58 33:14 26:28 28:20 31:43 27:35 31:15 22:53
		Svenja Oguz - Sabine Eisele - Marco Wolfgang - Svenja Oguz - Diemo Eisele - Jakob Parrisius			
180	126	frauen power		4:03:04	12:07 29:08 30:03 29:27 28:41 28:50 27:18 28:21 29:01
		Martina Droste - Stephanie Droste - Martina Platz - Martina Rolf - Irmgard Koch - Ulrike Jeschke			
181	127	Diakonie Michaelshoven		4:04:00	12:48 33:16 26:03 26:09 27:17 37:06 27:31 28:06 25:27
		Wolfgang Schmidt - Mareike Carlitscheck - Rudi Porten - Birgit Fischer - Mareike Carlitscheck - Thorsten Pulskamp			
182	241	TRI FrauenPOWER Rhein-Sieg		4:04:31	11:43 30:33 31:12 27:15 26:45 29:00 28:32 28:47 30:31
		Heidi Hoßbach - Kerstin Steinseifer - Martina Blasewicz - Sabine Steier - Sabine Durst - Marion Fischer			
183	140	rwe- run with me		4:05:35	10:46 28:25 32:24 29:53 28:32 22:48 29:54 31:03 31:32
		Stefanie Klein - Sabrina Schramm - Martin Pesch - Bernhard Eckhardt - Marco Pennazzato - Sandra Degen			
184	150	LG RWE Power 1 Wasserläufer		4:06:24	11:10 26:23 35:15 27:36 27:30 26:25 28:36 29:49 33:21
		Volker Heinrich - Harald Siebert - Hans Josef Roggendorf - Fabian Roggendorf - Udo Junghans - Christian Forkel			
185	226	ESV Gremberghoven Mixed		4:07:21	12:38 30:25 27:18 27:35 28:23 31:43 30:30 28:57 29:36
		Katja Breutigam - Jana Pack - Norman Buckow - Iris Kliscak - Nadine Pannke - Silvia Seher			
186	276	CaBas CaBaNauTeN		4:08:15	12:33 30:55 25:52 30:49 26:22 30:30 28:52 30:22 31:41
		Wolfgang Fredrich - Wolfgang Friedrich - Wolfgang Fredrichs - Isabella Dobija - Isabella Dobijo - Isabella Dobiju			
187	155	LG RWE Power 4 Dormagen		4:09:50	11:09 26:33 32:46 25:31 25:28 32:39 30:48 32:23 32:13
		Gerd Gorzalanik - Elke Jennert - Lothar Gerke - Nannette Gorzalanik - Jolanta Chojnicki - Martina Esser			
188	254	LT Hennef/Sieg Damen		4:12:56	11:09 27:51 33:01 29:15 29:22 33:59 29:35 31:20 27:17
		Dorothea Stiltz - Leslie Armbrust - Sabine Hubrig-Schaumburg - Sigrit Busch-Jordan - Sonja Nieth - Sanja Armbrust			
189	269	KTT 01 - Bessere Hälfte		4:13:55	13:01 33:07 30:17 29:35 28:02 28:56 31:04 31:16 28:21
		Bärbel Arndt - Martina Mazur - Conny Nicksch - Monika Hensel - Renate Gaab - Sabine Albrecht			
190	172	Ost- Süd- West- Kurven		4:18:50	12:33 30:31 32:43 30:46 29:19 34:30 27:52 28:00 32:18
		Claudia Heppner - Ulrike Dreyer - Jule Thuir - Tanja Jost - Anke Schilling - Yvonne Rother			