

Männer

Platz	Start.	Name	Verein/*Ort	Brutto	AK-Pl	AK	Jahr	Rundenzeiten (1.097km Runde / 5km Runden)
1	454	Herr Florian	SG Wenden	1:17:40	1	MHK	1988	03:49 18:13 18:12 18:33 18:51
2	550	Sambale Thomas	ASICS Fronrunner	1:17:41	1	M45	1965	03:36 18:24 18:14 18:33 18:51
3	546	Schiffer Frank	5 Schiffers	1:21:51	2	M45	1969	03:53 19:26 19:23 19:22 19:45
4	447	Engelhoven Dominic	LSV Basel	1:22:27	2	MHK	1985	03:49 19:29 19:23 19:28 20:15
5	471	Waigand Markus	LG Uni Konstanz	1:23:27	1	M30	1981	03:55 20:14 19:47 19:46 19:43
6	438	Dudley Richard	Team Erdinger Alkoholfrei	1:25:59	1	M50	1961	04:12 20:23 20:10 20:27 20:45
7	494	Gläßer Harald	Laufmonster	1:26:34	3	M45	1968	03:57 20:13 20:24 20:46 21:13
8	475	Knobloch Tino	*Frechen	1:27:30	1	M35	1976	03:55 20:21 20:25 20:48 22:00
9	485	Bungert Oliver	DJK Triathlon Andernach	1:28:54	2	M30	1984	04:04 21:02 21:02 21:31 21:13
10	473	Grewe Björn	*Köln	1:29:31	3	M30	1982	04:22 20:54 21:08 21:21 21:44
11	412	Alotto Salvatore	Alotto Corre	1:30:22	1	M40	1971	04:16 21:05 21:10 21:40 22:10
12	490	Hirsch Maximilian	Iowa State University	1:31:08	3	MHK	1992	03:56 20:57 22:28 21:07 22:38
13	474	Hölle Magnus	*Köln	1:34:06	4	M30	1984	04:29 22:22 21:59 22:22 22:51
14	452	Salewska Boris	Laufmonster	1:35:03	2	M40	1973	04:26 21:38 22:25 23:12 23:20
15	551	Zimmer Karl	PSV Brühl Triathlon	1:35:53	4	M45	1969	04:29 22:31 22:31 23:31 22:50
16	497	Klinkhammer Jens	MoVe Bonn	1:35:55	2	M35	1977	04:26 22:01 22:39 22:48 24:00
17	406	Suteu Julian	*Pulheim	1:37:27	1	MU2	1996	04:04 22:13 22:46 24:01 24:22
18	432	Langer Nils	TriCologne	1:38:56	3	M35	1975	05:13 24:21 23:47 23:09 22:24
19	415	SCHWIRZ THOMAS	TEAM ALOTTO CORRE	1:39:12	5	M45	1966	04:29 23:32 23:29 23:42 23:58
20	501	Bohnes Dieter	Sportlich Team Bornheim	1:39:52	2	M50	1963	04:45 23:28 23:37 23:46 24:14
21	435	Loskand Dennis	GSG 93	1:41:13	5	M30	1980	04:50 23:24 24:13 24:08 24:36
22	555	Braasch Andreas		1:41:49	4	M35	1979	04:29 23:13 23:22 24:23 26:19
23	542	Lohrengel Udo	LLG St. Augustin	1:41:54	1	M60	1951	04:53 24:26 24:01 24:08 24:24
24	433	Blumentritt Felix	Sport Treff Bonn	1:41:55	4	MHK	1990	04:54 23:49 23:23 23:49 25:59
25	544	Morawietz Andree	*Köln	1:42:04	3	M50	1964	04:45 23:29 24:13 24:50 24:46
26	408	Reinscheid Denis	High Society Pulheim	1:42:04	6	M30	1983	04:37 24:55 23:49 24:15 24:27
27	495	Conrad Achim	LG Falkenberg	1:42:20	6	M45	1966	04:35 24:13 24:29 24:33 24:29
28	484	Wilden Heinz	Abteiläufer	1:43:02	4	M50	1960	05:05 24:21 24:00 24:33 24:59
29	502	Staschko Peter	Team Handelshof	1:43:15	7	M45	1965	04:53 24:32 24:01 24:51 24:57
30	404	Weber Dominic	*Pulheim	1:43:35	7	M30	1980	04:55 24:43 24:33 24:40 24:41
31	413	Engel Peter	Alotto Corre	1:44:28	8	M45	1966	05:04 24:30 24:51 25:19 24:42
32	545	Seyfarth Marco	BSG BHL Bonn	1:44:50	3	M40	1973	04:45 23:28 24:13 25:07 27:15
33	414	Rehaag Dirk	Alotto Corre	1:44:52	5	M50	1964	05:04 24:30 24:51 25:19 25:06
34	548	Wüst Hans Werner		1:44:54	2	M60	1950	04:56 24:30 24:55 25:19 25:12
35	491	Cremer Jürgen	Jürgens Lauftreff	1:45:24	6	M50	1962	04:35 24:22 25:20 25:25 25:40
36	492	Dreisewerd Markus	KC Karo Bube	1:45:28	4	M40	1972	04:36 23:39 24:47 25:40 26:45
37	441	Hoffmann Michael	*Schwetzigen	1:46:15	9	M45	1966	05:03 24:54 25:22 25:22 25:31
38	410	Hemb Uwe	Fortuna Düsseldorf Triathlon	1:46:21	10	M45	1968	04:52 25:08 25:21 25:24 25:35
39	424	Boelter Thomas	ERGO sports Köln	1:47:12	7	M50	1963	04:55 24:36 25:22 25:47 26:29
40	460	Vogelsberg Ingo	Pulheimer SC	1:47:15	11	M45	1965	05:01 24:58 25:20 25:38 26:16
41	449	Wenz Ralf	TV Alpenglühn	1:47:34	1	M55	1959	05:12 25:49 25:30 25:36 25:25
42	549	Both Viktor		1:48:08	8	M30	1982	05:08 25:09 25:32 26:02 26:16
43	478	Mergler Dieter	*Wesseling	1:48:32	12	M45	1967	05:32 24:41 25:15 26:08 26:54
44	498	Nuwenhof Joachim	Pulheimer SC	1:49:38	13	M45	1967	05:06 25:17 25:31 26:28 27:14
45	505	Grau Holger	VfB Lövenich	1:50:04	14	M45	1969	05:20 25:41 25:30 26:16 27:15
46	504	Süßmann Jörg	TV Bedburg	1:50:18	15	M45	1965	06:29 25:52 25:57 25:54 26:04
47	489	Weiler Louis	GVG-Laufteam	1:50:23	2	MU2	1995	05:23 26:42 26:22 25:46 26:08
48	429	Zöller Andreas	*Hürth	1:50:30	9	M30	1981	05:29 26:46 26:07 25:55 26:12
49	425	Kalscheuer Tobias	SG GFC Düren 99	1:50:40	10	M30	1982	05:06 24:42 25:28 27:01 28:22
50	439	Ewert Stefan	Kreissparkasse Köln	1:51:35	5	M35	1977	05:08 27:26 27:08 26:08 25:44
51	456	Band Harald	Casa Ciclista	1:51:46	8	M50	1962	04:58 25:10 26:08 27:25 28:03
52	543	Thiemann Gustav	Hennefer TV	1:52:19	16	M45	1965	05:06 25:41 25:56 26:45 28:49
53	493	Icks Wolfgang	Lauffreunde Blücherpark Köln	1:52:44	17	M45	1965	05:21 25:46 26:21 27:03 28:11
54	554	Podzus Horst	*Bergisch Gladbach	1:53:19	9	M50	1961	05:02 27:05 26:52 26:53 27:26
55	428	Haub Kariwan	*Köln	1:53:22	10	M50	1960	05:53 27:43 27:49 26:47 25:07
56	444	Bollig Klaus	LG RWE POWER	1:53:36	11	M50	1964	04:59 26:09 26:40 27:01 28:46
57	420	Danz Edgar	*Bergheim	1:53:46	18	M45	1967	05:25 27:01 27:18 26:56 27:04
58	442	Nentwich Henry	*Köln	1:54:48	6	M35	1977	06:06 28:28 27:37 27:02 25:33
59	481	Streb Andreas	*Köln	1:55:05	5	M40	1970	05:40 27:12 26:52 27:36 27:43
60	487	Montermann Ingo	GVG-Laufteam	1:55:17	6	M40	1972	04:35 24:49 26:23 28:39 30:48
61	553	Pickl Norbert	Lauffreunde Blücherpark	1:55:46	12	M50	1960	05:23 26:21 26:58 27:41 29:21

Männer

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62	483	Voll Harald	*Pulheim	1:56:02	2	M55	1959	05:43	26:54	27:07	27:48	28:29
63	476	Lenz Patrick	*Köln	1:57:56	5	MHK	1988	05:07	26:02	28:06	28:40	30:00
64	480	Stöberl Ralf	*Pulheim	1:59:17	19	M45	1966	05:25	28:54	29:10	28:28	27:18
65	443	Boxberg Paul	*Kürten	2:02:10	3	M55	1959	05:27	28:11	28:33	29:34	30:23
66	500	Lückerath Volker	Rommerskirchen-Anstel	2:03:49	13	M50	1964	05:53	28:20	29:13	29:26	30:55
67	421	Czech Heinrich	*Grevenbroich	2:03:56	20	M45	1966	05:25	28:15	29:04	30:08	31:02
68	440	Knappe Hans-Gerd	2xHC RUNNER	2:03:56	14	M50	1960	05:24	28:16	29:04	30:07	31:03
69	450	Haarkamp Olaf	*Pulheim	2:04:45	21	M45	1968	05:48	29:27	30:00	30:06	29:22
70	479	Müller Sebastian	*Halver	2:04:45	7	M35	1979	02:31	05:53	27:53	28:58	59:29
71	437	Auer Thomas	KVB Köln	2:05:20	22	M45	1968	05:54	29:19	29:59	30:16	29:51
72	503	Robertz Hermann josef	TV Bedburg	2:06:01	1	M65	1949	06:10	28:50	29:53	30:33	30:33
73	402	Preuschhoff Winfried	LV Stommeln	2:06:34	1	M70	1940	05:20	28:01	28:40	31:17	33:13
74	448	Steinhoff Dr. Frank	KCKB	2:08:47	7	M40	1972	05:38	28:52	29:32	30:36	34:08
75	445	Arnold Frank	*Iserlohn	2:08:48	4	M55	1958	05:37	28:34	29:58	31:28	33:09
76	427	Dreikausen Jörg	*Köln	2:09:22	23	M45	1969	06:08	29:10	30:03	31:15	32:44
77	407	Farrell Allan	LaufLövenich2010	2:09:31	8	M40	1970	05:50	28:47	30:39	31:56	32:18
78	401	Fuchs Klaus	3athlon.org	2:13:08	24	M45	1965	06:10	30:50	31:36	31:35	32:54
79	557	Wolff Oliver	Happy Running Family	2:28:32	25	M45	1966	06:25	33:09	34:23	35:49	38:45

Frauen

Platz	Start.	Name	Verein/*Ort	Brutto	AK-Pl	AK	Jahr	Rundenzeiten (1.097km Runde / 5km Runden)				
1	472	Erdmann Kathrin	*Sindelfingen	1:29:38	1	W30	1984	04:34	21:42	21:06	21:07	21:06
2	486	Bange Dagmar	GVG-Laufteam	1:40:16	1	W40	1972	04:28	22:59	23:41	24:34	24:33
3	556	Braasch Martina	Team Erdinger	1:40:48	1	WHK	1987	04:29	23:13	23:23	24:19	25:23
4	552	Derigs Renate	PSV Brühl Triathlon	1:52:20	1	W45	1969	05:06	25:41	25:56	26:46	28:50
5	506	Lauschke Tina	Vitaminsport	2:02:09	2	W30	1984	05:47	27:52	28:52	29:37	29:59
6	434	Beffort Elena	*Kraainem	2:03:25	2	WHK	1992	06:09	29:26	29:21	29:19	29:08
7	422	Michel Claudia	*Grevembroich	2:03:56	2	W45	1968	05:25	28:15	29:04	30:08	31:01
8	547	Arndt-Ellerhold Sabine	*Bochum	2:04:11	2	W40	1972	05:48	29:27	30:00	30:06	28:48
9	482	Tillmann Mareike	*Halver	2:04:45	3	W30	1983	02:35	05:49	27:53	28:57	59:29
10	436	Zimmermann Francine	KVB Köln	2:05:20	1	W35	1977	05:54	29:19	29:59	30:16	29:51
11	496	Schaaf Ute	LLG 80 Nordpard Köln	2:07:49	3	W45	1968	06:05	29:13	29:36	31:52	31:01
12	453	Can Mediha	MarathonIST	2:08:19	1	W60	1953	06:07	29:36	30:16	30:50	31:29
13	446	Bulut Fadime	Colonia-Team	2:08:30	4	W45	1969	06:07	29:36	30:16	30:53	31:37
14	430	Henning Heike	asv köln triathlon	2:09:13	1	W55	1957	06:14	30:57	30:44	30:47	30:29
15	418	Ashoukhi Sanaa	IFF e.V.	2:09:48	3	WHK	1993	06:40	36:32	40:37	45:33	00:24
16	419	Moradi Sakia	IFF e.V.	2:09:48	4	WHK	1989	06:40	36:32	40:37	45:33	00:24
17	405	Waffenschmidt Carolin	Ford FCSD	2:13:08	1	W50	1963	06:10	30:50	31:36	31:35	32:54
18	541	Dorp Michaela		2:15:33	5	W45	1966	06:29	31:39	31:44	33:25	32:13
19	417	El-Aissati Souria	IFF e.V.	2:17:52	2	W35	1976	06:30	31:46	32:22	33:12	34:00
20	416	Borno Claudia	IFF e.V.	2:18:07	2	W50	1963	06:31	31:46	32:21	33:16	34:11
21	451	Haarkamp Stefanie	*Pulheim	2:23:20	3	W40	1970	06:11	31:48	33:29	34:53	36:57
22	734	Wolff Ilse	Happy Running Family	2:27:14	6	W45	1966	06:25	33:09	34:22	35:41	37:36
23	477	Lössner Silke	*Duisburg	2:45:13	4	W40	1972	07:36	36:52	37:58	39:14	43:30